

# CHINO VALLEY YMCA AQUATICS PROGRAM INFORMATION SHEET

Welcome to the Chino Valley YMCA's Aquatics Program. Our goal is to teach swimming as a fun and healthy activity that can be enjoyed for a lifetime. The YMCA is a national leader in teaching swim lessons and we hope to give participants skills that will help to build their spirit, mind and body. Below are some rules of the Chino Valley YMCA Aquatics Program.

- ❖ **Credits and make-ups are not given for swim lessons (an exception is made to give a credit in the event an official doctor's note is provided).** In the event of a pool closure, the YMCA swim staff will conduct a **Water Safety Day** one time during each session.
- ❖ **Participants need to be rinsed off, prior to entering the pool.** No one is allowed in the pool until the time of their class and must exit immediately following their class.
- ❖ **Only proper bathing attire is to be worn in the pool.** No cut-off jeans or shorts are permitted in the pool. Participants are encouraged to wear goggles for further eye protection.
- ❖ **Parent-Tot Classes:** The parent-tot swim class requires at least one adult to accompany the child during the class. Two adults may participate, if so desired. **Swim diapers, such as Little Swimmers, must be covered by plastic/rubber underpants with elastic on both the legs and waist bands.** Participants may be checked by the instructor for proper attire. Children without proper attire will not be allowed to enter the pool that day and there will be no refund/credit.
- ❖ **Parents must be seated behind the lifeguard chair on the west side of the pool deck during swim lessons or Porpoise Club practice;** this is to prevent distractions and provide each child the opportunity to learn to swim in a safe aquatic environment.
- ❖ **Your swim instructor is at your service to answer questions regarding swim lessons, before or after swim lessons.** It is important to keep a good level of communication to help us better serve your needs.
- ❖ **No food or drinks are permitted in the pool area.** No glass containers of any kind are allowed on the pool deck, inside the building or basketball court.
- ❖ **Pre-registration for swim lessons is typically the third week of the month.** You must pre-register your child in order to guarantee their spot for the following month (no exceptions). The pre-registration dates are printed on your receipt when you pay and reminders are posted around the YMCA.
- ❖ **Please refer questions and concerns to Tracy Nesheim, Aquatics Supervisor at (909) 597-7445.**

**I have read and will abide by the rules of the Chino Valley YMCA Aquatics Program.**

Participant name(s): ***Please print.***

Parent Signature:

Date: