

Basketball Schedule: Scheu Family YMCA of Upland
 Monday-Friday 5:30 AM - 9:50 PM Sat./Sun. 7:00 AM - 3:50 PM



MAY 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	Pick-Up Games Only 18 & over: 5:30AM-9AM (HALF GYM CLOSED) Open Play: 9:00AM-9:50PM	Pick-Up Games Only 18 & over: 7AM-10AM Open Play: 10AM - 3:50PM
Pick-Up Games Only 18 & over: 7AM-10AM Open Play: 10AM-3:50PM	Pick-Up Games Only 18 & over: 5:30AM-9AM (HALF GYM CLOSED) Open Play: 9AM- 9:50PM	Open Play: 5:30AM-9:50PM	Pick-Up Games Only 18 & over: 5:30AM-9AM (HALF GYM CLOSED) Open Play: 9AM-9:50PM	Open Play: 5:30AM-9:50PM	Pick-Up Games Only 18 & over: 5:30AM-9AM (HALF GYM CLOSED) Open Play: 9:00AM-9:50PM	Pick-Up Games Only 18 & over: 7AM-10AM Open Play: 10AM - 3:50PM
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Pick-Up Games Only 18 & over: 7AM-10AM Open Play: 10AM-3:50PM	Pick-Up Games Only 18 & over: 5:30AM-9AM (HALF GYM CLOSED) Open Play: 9AM-9:50PM	Open Play: 5:30AM-5:20PM Basketball League Begins 5:30PM-9:30PM (COURTS CLOSED)				

OPEN PLAY

PICK-UP GAMES

YMCA VOLLEYBALL CLINIC

YMCA BASKETBALL LEAGUE

Important Information

- *Hoops are on a first come first serve basis.
- *During scheduled pick-up basketball games all participants **MUST** be 18 and over. ID required.
- *All other times other than scheduled above is open to members.
- * Private training sessions are **NOT** permitted.
- *5:30AM-6:00AM Monday-Friday is available for open play.
- *Schedule & availability is subject to change.



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

Open Gym Basketball Rules

- 1. Initial group of players determine teams for 1st game**
- 2. Teams will be determined by the next group of players waiting**
- 3. Full court games are played straight to 11 by 1 and 2 pointers. A team does not need to win by 2**
- 4. Games played on the side courts will play to 11. The two winning teams will play on court "A". Two new teams will play each other on court "B"**
- 5. Teams may not play more than 3 games in a row. In the case a team wins 3 consecutive games, 2 new teams will take the court**
 - In the event of 10 players or less, the winning team (upon winning their 3rd game in row) must break up team the winning team and create new teams**
- 6. Disputes are settled by shooting a 3-point shot**
- 7. No back-court violations**
- 8. Call your own fouls and honor the call of your opponent**
- 9. Profanity, abuse of gym equipment/facilities or physical assaults will result in expulsion from the gym**