



# Group Swim Lesson Schedule



Program	Price
Group Swim Lessons: M/W	Member: \$67 Program Participant: \$79
Group Swim Lessons: T/TH	Member: \$67 Program Participant: \$79
Group Swim Lessons: Saturdays	Member: \$35 Program Participant: \$41
Private Swim Lessons Per 30 Minute Lesson:	Member: \$45 Program Participant: \$60
Pre-Comp: M/W	Member: \$75 Program Participant: \$87
Pre-Comp: T/Th	Member: \$75 Program Participant: \$87
Pre-Comp: Saturdays	Member: \$39 Program Participant: \$45

Session	Session Dates	Registration Opens
December 2 weeks	12/5-12/17	11/14

Can the student respond to verbal cues and jump on land?

NOT YET

A / WATER DISCOVERY

Is the student comfortable working with an instructor without a parent in the water?

NOT YET

B / WATER EXPLORATION

Will the student go underwater voluntarily?

NOT YET

1 / WATER ACCLIMATION

Can the student do a front and back float on his or her own?

NOT YET

2 / WATER MOVEMENT

Can the student swim 10-15 yards on his or her front and back?

NOT YET

3 / WATER STAMINA

Can the student swim 15 yards of front and back crawl?

NOT YET

4 / STROKE INTRODUCTION

Can the student swim front crawl, back crawl, and breaststroke across the pool?

NOT YET

5 / STROKE DEVELOPMENT

Can the student swim front crawl, back crawl, and breaststroke across the pool and back?

NOT YET

6 / STROKE MECHANICS



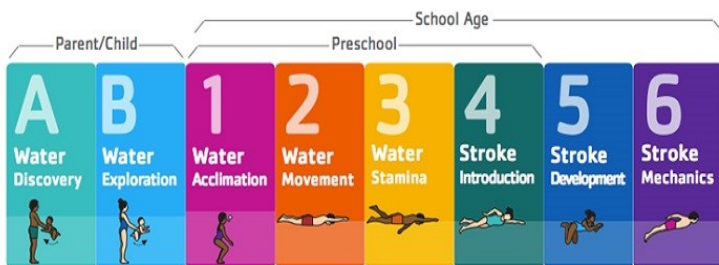
\*At the Y, we know families take a variety of forms. As a result, we define parent broadly to include all adults with primary responsibility for raising children, including biological parents, adoptive parents, guardians, stepparents, grandparents, or any other type of parenting relationship.

Questions? Email [emily.schleich@weymca.org](mailto:emily.schleich@weymca.org)

# Schedule by Skill Stage

Stage	M/W	T/TH	SAT
Parent Child <b>A&amp;B</b>			10:45-11:15am
Preschool <b>1</b>	3:45-4:15pm	3:10-3:40pm	10:10-10:40am 10:45-11:15am
Preschool <b>2</b>	4:20-4:50pm	4:20-4:50pm	10:10-10:40am 10:45-11:15am
Preschool <b>3</b>	4:20-4:50pm		11:20-11:50am
Preschool <b>4</b>			
<b>Pre-Comp</b>	5:30-6:15pm	5:30-6:15pm	12:30-1:15pm

Stage	M/W	T/TH	SAT
Youth <b>1</b>		4:20-4:50pm	
Youth <b>2</b>	4:55-5:25pm		11:20-11:50am 12:30-1:00pm
Youth <b>3</b>	5:30-6:00pm	5:30-6:00pm	9:35-10:05am 12:30-1:00pm
Youth <b>4</b>	4:55-5:25pm	3:45-4:15pm	9:00-9:30am 11:20-11:50am 11:55-12:25pm
Youth <b>5</b>	5:30-6:00pm	4:55-5:25pm	9:00-9:30am 11:55-12:25pm
Youth <b>6</b>	4:20-4:50pm	4:55-5:25pm	9:35-10:05am 11:55-12:25pm



## Adult Swim Classes (18+):

**Sat 12:30-1:00 PM**

## Register Online:

[www.weymca.org/swimlessons](http://www.weymca.org/swimlessons)

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