



Group Swim Lesson Schedule



Program	Price
Group Swim Lessons: M/W	Member: \$151 Program Participant: \$175
Group Swim Lessons: T/TH	Member: \$151 Program Participant: \$175
Group Swim Lessons: Saturdays	Member: \$77 Program Participant: \$89
Private Swim Lessons Per 30 Minute Lesson:	Member: \$50 Program Participant: \$65
Pre-Comp: M/W	Member: \$167 Program Participant: \$191
Pre-Comp: T/Th	Member: \$167 Program Participant: \$191
Pre-Comp: Saturdays	Member: \$85 Program Participant: \$97

Session	Session Dates	Registration Opens
April 4 weeks	4/3-4/29	3/13

Can the student respond to verbal cues and jump on land?

NOT YET

A / WATER DISCOVERY

Is the student comfortable working with an instructor without a parent in the water?

NOT YET

B / WATER EXPLORATION

Will the student go underwater voluntarily?

NOT YET

1 / WATER ACCLIMATION

Can the student do a front and back float on his or her own?

NOT YET

2 / WATER MOVEMENT

Can the student swim 10-15 yards on his or her front and back?

NOT YET

3 / WATER STAMINA

Can the student swim 15 yards of front and back crawl?

NOT YET

4 / STROKE INTRODUCTION

Can the student swim front crawl, back crawl, and breaststroke across the pool?

NOT YET

5 / STROKE DEVELOPMENT

Can the student swim front crawl, back crawl, and breaststroke across the pool and back?

NOT YET

6 / STROKE MECHANICS



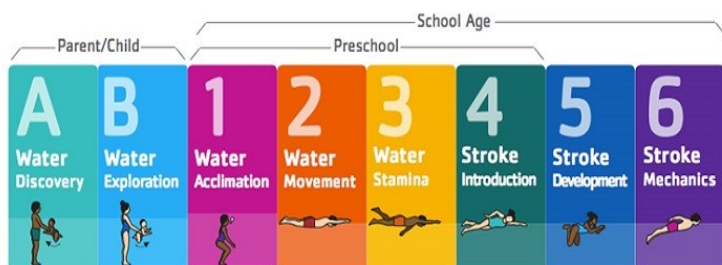
*At the Y, we know families take a variety of forms. As a result, we define parent broadly to include all adults with primary responsibility for raising children, including biological parents, adoptive parents, guardians, stepparents, grandparents, or any other type of parenting relationship.

Questions? Email emily.schleich@weymca.org

Schedule by Skill Stage

Stage	M/W	T/TH	SAT
Parent Child A&B			10:45-11:15am
Preschool 1	3:10-3:40pm	3:10-3:40pm	9:00-9:30am 10:10-10:40am 10:45-11:15am
Preschool 2	3:45-4:15pm	4:20-4:50pm	10:10-10:40am 10:45-11:15am
Preschool 3	4:20-4:50pm		11:20-11:50am
Preschool 4			
Pre-Comp	5:30-6:15pm	5:30-6:15pm	12:30-1:15pm

Stage	M/W	T/TH	SAT
Youth 1		4:20-4:50pm	9:35-10:05am
Youth 2	3:45-4:15pm		9:00-9:30am 11:20-11:50am
Youth 3	4:55-5:25pm	5:30-6:00pm	9:35-10:05am 11:55-12:25pm
Youth 4	4:55-5:25pm	3:45-4:15pm	9:00-9:30am 11:20-11:50am 11:55-12:25pm
Youth 5	3:10-3:40pm 5:30-6:00pm	4:55-5:25pm	10:10-10:40am
Youth 6	4:20-4:50pm	4:55-5:25pm	9:35-10:05am 11:55-12:25pm



Teen & Adult Swim Classes (13+):

Stage 1: 12:30-1:00 PM

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