



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Swim Lesson Schedule – June

Program	Price
Group Swim Lessons: Monday/Wednesday *9 days*	Member: M/W: \$191 T/TH: \$213 Program Participant:
Tuesday/Thursday *10 days*	M/W: \$219 T/TH: \$243
Group Swim Lessons: Saturdays	Member: \$87 Program Participant: \$99
Private Swim Lessons Per 30 Minute Lesson	Member: \$50 Program Participant: \$65
Adult Swim Techniques: Saturdays	Member: \$87 Program Participant: \$99

Program	Price
Pre-Comp A: Monday, Wednesday & Friday	Member: \$279 Program Participant: \$315
Pre-Comp B: Tuesday & Thursday	Member: \$187 Program Participant: \$211
Swim Team: Monday-Friday (Members Only)	Bronze: \$130 Silver: \$140 Gold: \$160

Session	Session Dates	Registration Opens
June	5/30-6/29	5/8
July	7/3-7/29	6/12
August	7/31-8/30	7/10
September	9/2-9/30	8/14

Which Stage is The Student Ready For?

Can the student respond to verbal cues and jump on land?

NOT YET **A / WATER DISCOVERY**

Is the student comfortable with an instructor without a parent in the water?

NOT YET **B / WATER EXPLORATION**

Will the student go underwater voluntarily?

NOT YET **1 / WATER ACCLIMATION**

Can the student do a front and back float on their own?

NOT YET **2 / WATER MOVEMENT**

Can the student swim 10-15 yards on their front and back?

NOT YET **3 / WATER STAMINA**

Can the student swim 15 yards of front and back crawl?

NOT YET **4 / STROKE INTRODUCTION**

Can the student swim front crawl, back crawl, and breaststroke across the pool?

NOT YET **5 / STROKE DEVELOPMENT**


Can the student swim front crawl, back crawl, and breaststroke across the pool and back?


NOT YET **6 / STROKE MECHANICS**


Stage	Saturday	M/W	T/TH
Parent/Child A/B	10:00am-10:30am 10:35am-11:05am	*Mon. or Wed.* 10:00am-10:30am	*Tues. or Thurs.* 11:00am-11:30am
Preschool 1	10:00am-10:30am 11:10am-11:40am 12:20pm-12:50pm 12:55pm-1:25pm	10:35am-11:05am 4:10pm-4:40pm	11:00am-11:30am 4:10pm-4:40pm
Youth 1	10:00am-10:30am 11:45am-12:15pm 12:20pm-12:50pm 1:30pm-2:00pm	10:35am-11:05am 3:35pm-4:05pm	3:35pm-4:05pm 4:45pm-5:15pm
Preschool 2	10:35am-11:05am 11:10am-11:40am 12:55pm-1:25pm	10:00am-10:30am	11:35am-12:05pm 4:10pm-4:40pm
Youth 2	10:35am-11:05am 11:10am-11:40am 12:20pm-12:50pm 2:05pm-2:35pm	10:35am-11:05am 11:10am-11:40am 3:00pm-3:30pm	12:10pm-12:40pm 3:00pm-3:30pm
Preschool 3	10:35am-11:05am 11:45am-12:15pm	11:10-11:40am 3:00pm-3:30pm	4:45pm-5:15pm
Youth 3	10:00am-10:30am 11:45am-12:15pm 1:30pm-2:00pm	10:00am-10:30am 4:10pm-4:40pm	11:35am-12:05pm 3:00pm-3:30pm
Preschool 4	11:10am-11:40am		
Youth 4	11:45am-12:15pm 12:55-1:25pm	11:10am-11:40am 3:35pm-4:05pm	12:10pm-12:40pm 4:45pm-5:15pm
Youth 5	12:55pm-1:25pm 2:05pm-2:35pm	4:45pm-5:15pm	3:35pm-4:05pm
Youth 6	1:30pm-2:00pm	4:45pm-5:15pm	4:10-4:40pm
Adult Swim Techniques	9:00am-9:30am (Beg.) 9:30am-10:00am (Inter.)		


PRE-COMPEITION CLASSES:
M/W/F (A) - 5:15pm-6:00pm
T/TH (B) - 5:15pm-6:00pm

SWIM TEAM LEVELS:
Bronze - 7:00pm-8:00pm
Silver - 6:30pm-8:00pm
Gold - 6:00pm-8:00pm

 **Infant & Toddler**
6 mos.-3 yrs.
Stages A-B

 **Preschool**
3-5 yrs.
Stages 1-6

 **School Age**
5-12 yrs.
Stages 1-6

 **Teen & Adult**
12+ yrs.

Questions? Email crystal@weymca.org