



Group Swim Lesson Schedule



Program	Price
Group Swim Lessons: M/W	Member: \$171 Program Participant: \$195
Group Swim Lessons: T/TH	Member: \$171 Program Participant: \$195
Group Swim Lessons: Saturdays	Member: \$87 Program Participant: \$99
Private Swim Lessons Per 30 Minute Lesson:	Member: \$50 Program Participant: \$65
Pre-Comp: M/W	Member: \$187 Program Participant: \$211
Pre-Comp: T/Th	Member: \$187 Program Participant: \$211
Pre-Comp: Saturdays	Member: \$95 Program Participant: \$107

Session	Session Dates	Registration Opens
October 4 weeks	10/2-10/28	9/11

Can the student respond to verbal cues and jump on land?

NOT YET **A / WATER DISCOVERY**

Is the student comfortable working with an instructor without a parent in the water?

NOT YET **B / WATER EXPLORATION**

Will the student go underwater voluntarily?

NOT YET **1 / WATER ACCLIMATION**

Can the student do a front and back float on his or her own?

NOT YET **2 / WATER MOVEMENT**

Can the student swim 10-15 yards on his or her front and back?

NOT YET **3 / WATER STAMINA**

Can the student swim 15 yards of front and back crawl?

NOT YET **4 / STROKE INTRODUCTION**

Can the student swim front crawl, back crawl, and breaststroke across the pool?

NOT YET **5 / STROKE DEVELOPMENT**

Can the student swim front crawl, back crawl, and breaststroke across the pool and back?

NOT YET **6 / STROKE MECHANICS**



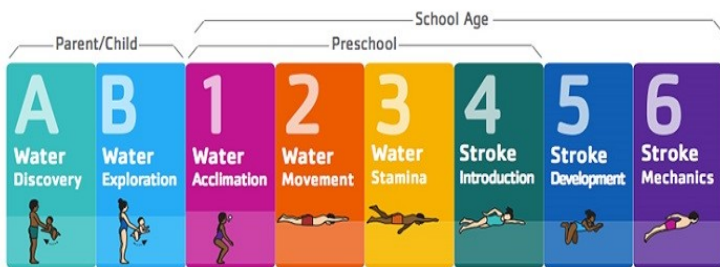
*At the Y, we know families take a variety of forms. As a result, we define parent broadly to include all adults with primary responsibility for raising children, including biological parents, adoptive parents, guardians, stepparents, grandparents, or any other type of parenting relationship.

Questions? Email alexis.perez@weymca.org

Schedule by Skill Stage

Stage	M/W	T/TH	SAT
Parent Child A&B			10:45-11:15am 11:20-11:50am
Preschool 1	3:45-4:15pm	3:45-4:15pm	9:00-9:30am 10:10-10:40am 10:45-11:15am
Preschool 2	3:45-4:15pm	4:20-4:50pm	9:00-9:30am 10:10-10:40am 10:45-11:15am
Preschool 3	4:20-4:50pm		11:20-11:50am
Pre-Comp	5:30-6:15pm	5:30-6:15pm	12:30-1:15pm

Stage	M/W	T/TH	SAT
Youth 1		4:20-4:50pm	11:20-11:50am
Youth 2	4:20-4:50pm		10:45-11:15am 11:20-11:50am 12:30-1:00pm
Youth 3	4:55-5:25pm	3:10-3:40pm	9:35-10:05am 10:45-11:15am 12:30-1:00pm
Youth 4	4:55-5:25pm	5:30-6:00pm	9:00-9:30am 9:35-10:05am 11:20-11:50am 11:55-12:25pm
Youth 5	5:30-6:00pm	4:55-5:25pm	10:10-10:40am 11:55-12:25pm
Youth 6	4:20-4:50pm	4:55-5:25pm	9:35-10:05am 11:55-12:25pm



Teen & Adult Swim Classes (13):

Stage 1: 11:55-12:25 PM (Sat)

Stage 4: 4:55-5:25 PM (M/W)

Stage 6: 12:30-1:00 PM (Sat)