



# Group Swim Lesson Schedule



Program	Price
Group Swim Lessons: M/W	Member: \$223 Program Participant: \$253
Group Swim Lessons: T/TH	Member: \$223 Program Participant: \$253
Group Swim Lessons: Saturdays	Member: \$113 Program Participant: \$128
Private Swim Lessons Per 30 Minute Lesson:	Member: \$51 Program Participant: \$66
Pre-Comp: M/W	Member: \$243 Program Participant: \$273
Pre-Comp: T/Th	Member: \$243 Program Participant: \$273
Pre-Comp: Saturdays	Member: \$123 Program Participant: \$138

Session	Session Dates	Registration Opens
March 5 weeks	2/26-3/30	2/12

Can the student respond to verbal cues and jump on land?

NOT YET **A / WATER DISCOVERY**

Is the student comfortable working with an instructor without a parent in the water?

NOT YET **B / WATER EXPLORATION**

Will the student go underwater voluntarily?

NOT YET **1 / WATER ACCLIMATION**

Can the student do a front and back float on his or her own?

NOT YET **2 / WATER MOVEMENT**

Can the student swim 10-15 yards on his or her front and back?

NOT YET **3 / WATER STAMINA**

Can the student swim 15 yards of front and back crawl?

NOT YET **4 / STROKE INTRODUCTION**

Can the student swim front crawl, back crawl, and breaststroke across the pool?

NOT YET **5 / STROKE DEVELOPMENT**

Can the student swim front crawl, back crawl, and breaststroke across the pool and back?

NOT YET **6 / STROKE MECHANICS**



Questions? Email [alexis.perez@weymca.org](mailto:alexis.perez@weymca.org)

\*At the Y, we know families take a variety of forms. As a result, we define parent broadly to include all adults with primary responsibility for raising children, including biological parents, adoptive parents, guardians, stepparents, grandparents, or any other type of parenting relationship.

# Schedule by Skill Stage

Stage	M/W	T/TH	SAT
Parent Child <b>A&amp;B</b>			10:45-11:15am
Preschool <b>1</b>	3:45-4:15pm		
Preschool <b>2</b>		4:20-4:50pm	10:10-10:40am 10:45-11:15am
Preschool <b>3</b>			11:20-11:50am
<b>Pre-Comp</b>	5:30-6:15pm	5:30-6:15pm	12:30-1:15pm

Stage	M/W	T/TH	SAT
Youth <b>1</b>			11:20-11:50am
Youth <b>2</b>			10:45-11:15am
Youth <b>3</b>	4:55-5:25pm		10:10-10:40am 10:45-11:15am 12:30-1:00pm
Youth <b>4</b>	4:55-5:25pm	5:30-6:00pm	9:35-10:05am 11:20-11:50am
Youth <b>5</b>	5:30-6:00pm		10:10-10:40am 11:20-11:50am 11:55-12:25pm
Youth <b>6</b>	4:20-4:50pm	4:55-5:25pm	11:55-12:25pm



## Teen & Adult Swim Classes (13):

Stage 6: 12:30-1:00 PM (Sat)

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