



Group Swim Lesson Schedule



Program	Price
Group Swim Lessons: M/W	Member: \$184 Program Participant: \$208
Group Swim Lessons: T/TH	Member: \$184 Program Participant: \$208
Group Swim Lessons: Saturdays	Member: \$92 Program Participant: \$104
Private Swim Lessons Per 30 Minute Lesson:	Member: \$51 Program Participant: \$66
Pre-Comp: M/W	Member: \$171 Program Participant: \$192
Pre-Comp: T/Th	Member: \$195 Program Participant: \$219
Pre-Comp: Saturdays	Member: \$99 Program Participant: \$111

Session	Session Dates	Registration Opens
May 4 weeks	4/29-5/23	4/8

Can the student respond to verbal cues and jump on land?

NOT YET

A / WATER DISCOVERY

Is the student comfortable working with an instructor without a parent in the water?

NOT YET

B / WATER EXPLORATION

Will the student go underwater voluntarily?

NOT YET

1 / WATER ACCLIMATION

Can the student do a front and back float on his or her own?

NOT YET

2 / WATER MOVEMENT

Can the student swim 10-15 yards on his or her front and back?

NOT YET

3 / WATER STAMINA

Can the student swim 15 yards of front and back crawl?

NOT YET

4 / STROKE INTRODUCTION

Can the student swim front crawl, back crawl, and breaststroke across the pool?

NOT YET

5 / STROKE DEVELOPMENT

Can the student swim front crawl, back crawl, and breaststroke across the pool and back?

NOT YET

6 / STROKE MECHANICS



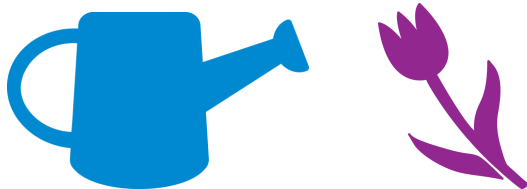
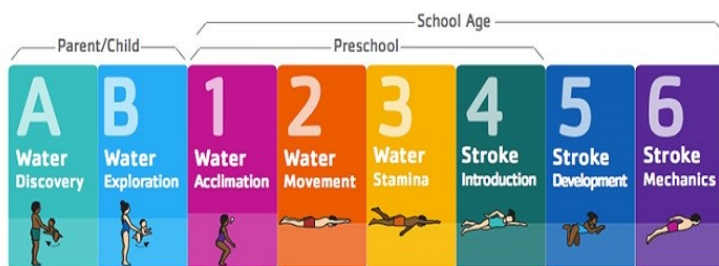
*At the Y, we know families take a variety of forms. As a result, we define **parent** broadly to include all adults with primary responsibility for raising children, including biological parents, adoptive parents, guardians, stepparents, grandparents, or any other type of parenting relationship.

Questions? Email alexis.perez@weymca.org

Schedule by Skill Stage

Stage	M/W	T/TH	SAT
Parent Child A&B			10:45-11:15am
Preschool 1	3:45-4:15pm		9:35-10:05am 10:10-10:40am
Preschool 2	3:45-4:15pm	4:20-4:50pm	10:10-10:40am 10:45-11:15am
Preschool 3		4:55-5:25pm	11:20-11:50am 11:55-12:25pm
Preschool 4		4:20-4:50pm	12:30-1:00pm
Pre-Comp	5:30-6:15pm	5:30-6:15pm	12:30-1:15pm

Stage	M/W	T/TH	SAT
Youth 1			11:20-11:50am 11:55-12:25pm
Youth 2	4:20-4:50pm		10:45-11:15am
Youth 3	4:55-5:25pm		10:10-10:40am 10:45-11:15am 12:30-1:00pm
Youth 4	4:55-5:25pm	5:30-6:00pm	9:35-10:05am 11:20-11:50am
Youth 5	5:30-6:00pm	3:45-4:15pm	10:10-10:40am 11:20-11:50am 11:55-12:25pm
Youth 6	4:20-4:50pm	4:55-5:25pm	11:55-12:25pm



Teen & Adult Swim Classes (13):

Stage 6: 12:30-1:00 PM (Sat)

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