

CHINO VALLEY YMCA

LEARN TO SWIM – GROUP LESSONS

JULY 2024

Registration Opens Monday, June 10th

Days Offered	Class Dates	Members/Non-Members
Monday & Wednesday	7/1 – 7/24	\$184 / \$208
Tuesday & Thursday	7/2 – 7/25	\$161 / \$182 (no class on 7/4)
Saturday	7/6 – 7/27	\$92 / \$104

Level	M/W	T/Th	Sat
Parent/Child A/B (6mos – 3 yrs)	10:00AM	11:00AM	10:00AM, 10:35AM
Preschool 1 – Water Acclimation (3-5)	10:35AM, 3PM, 4:10PM	11:00AM, 4:10PM	10:00AM, 10:35AM, 11:10AM, 1:30PM
Preschool 2 – Water Movement (3-5)	10:00AM, 3:35PM, 4:10PM	11:35AM, 4:10PM	11:10AM, 12:55PM
Preschool 3 – Water Stamina (3-5)	11:10AM		10:35AM, 11:45AM, 12:55PM
Preschool 4 – Stroke Intro.(3-5)		3:35PM	11:10AM
Youth 1 – Water Acclimation (5-12)	10:35AM, 11:45AM, 3:00PM, 3:35PM	11:00AM, 3:35PM, 4:45PM	10:00AM, 11:45AM, 12:20PM, 1:30PM
Youth 2 – Water Movement (5-12)	11:10AM, 11:45AM, 3:00PM, 4:45PM	12:10PM, 3:00PM	10:35AM, 11:10AM, 12:20PM
Youth 3 – Water Stamina (5-12)	10:00AM, 3:00PM, 4:10PM, 4:45PM	11:35PM, 3:00PM	10:00AM, 11:45AM, 12:55PM
Youth 4 – Stroke Introduction (5-12)	11:10AM, 3:35PM, 4:45PM	12:10PM, 4:45PM	10:35AM, 12:55PM
Youth 5 – Stroke Development (5-12)	10:35AM, 4:45PM	11:35AM, 3:35PM	12:20PM, 1:30PM
Youth 6 – Stroke Mechanics (5-12)	11:45AM, 4:10PM	12:10PM, 3:00PM, 4:10PM	10:00AM, 12:20PM, 1:30PM
Adult Swim Techniques (13+)		4:45PM	9:00AM, 9:30AM, 11:10AM, 11:45AM

Register at www.weymca.org Questions? Call 909-597-7445 or email crystal@weymca.org

Important Notes: There are no credits, refunds, or make-up classes for missed swim lessons. Credits will be issued only when a Doctor's note is provided and dated, stating that the student is/was not able to swim due to illness or injury. Classes and times are subject to change.

(See reverse for Swim Level Selection Information)

Swim Level Selection:

Can the student respond to verbal cues and jump on land?	Not yet? Stage A
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Is the student comfortable with an instructor without a parent in the water?	Not yet? Stage B
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Will the student go underwater voluntarily?	Not yet? Youth 1
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Can the student do a front and back float on their own?	Not yet? Youth 2
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Can the student swim 10-15 yards on their front and back?	Not yet? Youth 3
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Can the student swim 15 yards of front and back crawl?	Not yet? Youth 4
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Can the student swim front crawl, back crawl, breaststroke across the pool?	Not yet? Youth 5
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Can the student swim front and back crawl, breaststroke across the pool and back?	Not yet? Youth 6
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