

# CHINO VALLEY YMCA

## LEARN TO SWIM – GROUP LESSONS

DECEMBER 2024

Registration Opens Monday, November 18

Days Offered	Class Dates	Members/Non-Members
Monday & Wednesday	12/2 – 12/18	\$138 / \$156
Tuesday & Thursday	12/3 – 12/19	\$138 / \$156
Saturday	12/7 – 12/21	\$69 / \$78

Level	M/W	T/Th	Sat
Parent/Child A/B (6mos – 3 yrs)			
Preschool 1 – Water Acclimation (3-5)		4:10PM	10:00AM
Preschool 2 – Water Movement (3-5)	4:10PM	4:10PM	11:10AM
Preschool 3 – Water Stamina (3-5)	5:15PM		10:35AM
Preschool 4 – Stroke Intro.(3-5)			
Youth 1 – Water Acclimation (6-12)		3:35PM	
Youth 2 – Water Movement (6-12)	4:45PM		10:35AM, 11:10AM
Youth 3 – Water Stamina (6-12)	4:10PM	4:10PM	10:00AM
Youth 4 – Stroke Introduction (6-12)	4:45PM	4:45PM	12:55PM
Youth 5 – Stroke Development (6-12)	4:45PM	5:15PM	11:45AM, 12:20PM
Youth 6 – Stroke Mechanics (6-12)	4:10PM, 5:15PM	4:45PM	10:00AM
Adult Swim Techniques (13+)			10:35AM - Beginner 11:10AM

Register at [www.weymca.org](http://www.weymca.org)      Questions? Call 909-597-7445 or email [crystal@weymca.org](mailto:crystal@weymca.org)

**Important Notes:** There are no credits, refunds, or make-up classes for missed swim lessons. Credits will be issued only when a Doctor’s note is provided and dated, stating that the student is/was not able to swim due to illness or injury. Classes and times are subject to change.

*(See reverse for Swim Level Selection Information)*

## Swim Level Selection:

Can the student respond to verbal cues and jump on land?	Not yet? Stage A
Is the student comfortable with an instructor without a parent in the water?	Not yet? Stage B
Will the student go underwater voluntarily?	Not yet? Youth 1
Can the student do a front and back float on their own?	Not yet? Youth 2
Can the student swim 10-15 yards on their front and back?	Not yet? Youth 3
Can the student swim 15 yards of front and back crawl?	Not yet? Youth 4
Can the student swim front crawl, back crawl, breaststroke across the pool?	Not yet? Youth 5
Can the student swim front and back crawl, breaststroke across the pool and back?	Not yet? Youth 6