



# AUGUST POOL SCHEDULE

FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

Pool Hours:

Monday–Friday: 6:00a–8:30p

Saturday–Sunday: 7:30a–3:30p

## Lap Pool

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Lap Swim 6:00a–9:00a	Lap Swim 6:00a–9:00a	Lap Swim 6:00a–9:00a	Lap Swim 6:00a–9:00a	Lap Swim 6:00a–9:00a	Lap/Open Swim 7:30a–3:30p	Lap/Open Swim 7:30a–3:30p
AquaClass 9:05a–9:50a	Aqua Fit 9:05a–9:50a	AquaClass 9:05a–9:50a	Aqua Fit 9:05a–9:50a	AquaClass 9:05a–9:50a		
Lap/Open Swim 10:00a–6:00p	Lap/Open Swim 10:00a–6:00p	Lap/Open Swim 10:00a–6:00p	Lap/Open Swim 10:00a–6:00p	Lap/Open Swim 10:00a–6:00p	Swim Lessons 9:00a–1:00p *Lap/open swim is limited	Swim Lessons 10:10a–1:00p *Lap/open swim is limited
Swim Lessons 3:10p–6:35p	Swim Lessons 3:10p–6:35p	Swim Lessons 3:10p–6:35p	Swim Lessons 3:10p–6:35p	Swim Team 6:00p–8:00p		
Swim Team 5:00p–8:00p	Swim Team 5:00p–8:00p	Swim Team 6:00p–8:00p	Swim Team 5:00p–8:00p	Lap/Open Swim 7:00p–8:30p	Swim Lessons 9:00a–1:00p *Lap/open swim is limited	Swim Lessons 10:10a–1:00p *Lap/open swim is limited
Lap Swim 7:00p–8:30p	Lap/Open Swim 7:00p–8:30p	Lap/Open Swim 7:00p–8:30p	Lap/Open Swim 7:00p–8:30p			

Reserved Events:

Friday 8/1

School Field  
Trip

5:00pm–7:00pm

Open Swim Area

Wednesday 8/6

Incredible Edibles  
Event

Closed All Day

Friday 8/15

Scheduled

Maintenance

8:00–10:00a

## Teaching Pool

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Open Swim 6:00a–9:00a	Open Swim 6:00a–9:00a	Open Swim 6:00a–9:00a	Open Swim 6:00a–9:00a	Open Swim 6:00a–9:00a	Open Swim 7:30a–3:30a	Open Swim 7:30a–3:30a
AquaClass 9:05a–9:50a	Aqua Fit 9:05a–9:50a	AquaClass 9:05a–9:50a	Aqua Fit 9:05a–9:50a	AquaClass 9:05a–9:50a	Swim Lessons 9:00a–1:00p *Open swim is limited	
Swim Lessons 10:00a–1:00p	Swim Lessons 10:00a–1:00p	Swim Lessons 10:00a–1:00p	Swim Lessons 10:00a–1:00p	Open Swim 10:00a–1:00p		
Summer Camp 1:00p–3:00p	Summer Camp 1:00p–3:00p	Summer Camp 1:00p–3:00p	Summer Camp 10:00a–11:00a	Summer Camp 1:00p–3:00p		
Swim Lessons 3:10p–6:35p	Swim Lessons 3:10p–6:35p	Swim Lessons 3:10p–6:35p	Swim Lessons 3:10p–6:35p	Open Swim 3:00p–8:30p		
Open Swim 10:00a–8:30p	Open Swim 10:00a–8:30p	Open Swim 10:00a–8:30p	Open Swim 11:00a–8:30p			
						Swim Lessons 10:10a–1:00p *Open swim is limited

Reserved Events:

Wednesday 8/6

Incredible Edibles  
Event

Closed All Day

Friday 8/15

Scheduled

Maintenance

8:00–10:00a



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**PLEASE NOTE THAT THE SCHEDULE ABOVE IS SUBJECT TO CHANGE WITH MINIMAL NOTICE DUE TO OPERATIONAL NEEDS OR UNFORESEEN CIRCUMSTANCES.**

**ALL SWIMMERS YOUNGER THAN 15 YEARS OF AGE MUST TAKE A SWIM TEST TO UTILIZE OUR POOLS.**

**The swim test is as follows:** Enter water by sitting and sliding in, performing a back float for 10-20 seconds independently, and swimming the length of the pool consistently and unassisted showing simultaneous arm and leg movement. Swimmers will receive either a red, yellow, or green wristband.

**Inclement Weather Policy:** The pool will close due to lightning or thunder for 30 mins. Every occurrence of lightning and thunder will restart the 30 mins.

## Age Restrictions for Pool Use

**12 and younger** - Supervision is recommended (A parent/legal guardian must stay within the building).

**Any red wristband swimmer** - Must be accompanied in the water at all times by an individual 18 years or older, and within arms reach.

**Open Swim** - Children and Adults are allowed to be in the small pool during open swim. Open swim may be moved to a different area of the pool or to the lap pool to accommodate for YMCA programming.

**Swim Lessons** - Includes group and private lessons. Group lessons follow the teaching and lap pool schedule, while private lessons vary throughout the day; during these times, open swim, lap swim, and aqua walk may be limited.

**Swim Team** - Practices occur Monday-Friday. Lap swim is unavailable from 6:00-7:00pm.

**Lap Swim** - During this time, a total of 2 swimmers per lane is permitted. Lap swimmers may swim side by side or utilize the circle swim organizational pattern.

**Summer Camp** - Swim times are designated for our Summer Camp programs. Members will not have access to the small pool or lap pool during this time.

**Aqua Walk** - During this time, a total of 2 swimmers per lane is permitted. Swimmers may walk side by side utilizing the lap swim lanes.

**AquaClass & Aqua Fit** - During this time, open swim is not permitted.

## Pool Dress Code:

- Shower before you enter the pool
- Proper swim attire must be worn at all times. **Gym shorts, cut-off jeans, cloth and disposable diapers are prohibited.**
- U.S. Coast guard approved lifejackets and wearable foam floatation devices are allowed.

## Rules:

- Swimming without a lifeguard is prohibited.
- Patrons must rinse off in the showers on the pool before entering the pool.
- No gym shorts, cut-off jeans, cloth, and disposable diapers are prohibited.
- U.S. Coast guard approved life jackets and wearable foam floatation devices are allowed, and an adult must be within arm's length at all times with red wristband swimmers.
- Children under 15 years must pass a swim test before they are permitted in the pools.
- Enter the water facing forward. Diving, flips, back dives, and jumps are prohibited.
- Running and horseplay of any kind are not permitted on the deck, in the pool, or in the locker rooms.
- Breathe-holding activities in the pool are not permitted.
- Food, candy, gum of any sort, and drinks other than water are not permitted in the pool area.
- No glassware is permitted on the pool deck.
- Hanging on lap lanes, float lines, ladders, and rails is not permitted.
- Do not engage in conversation with the guard on duty.
- The designated seating area for parents and guardians is located where the picnic tables and benches are.
- No patrons should cross staffing areas on both sides of the lap pool that are designated for YMCA employees only.
- Lap swim, open swim, and aqua walk is permitted for members only.
- No phones allowed in the pool at any time.