

# CHINO VALLEY YMCA

## LEARN TO SWIM – GROUP LESSONS

**SEPTEMBER 2025**

Registration Opens 08/18/2025

Days Offered	Class Dates	Members/Non-Members
Monday & Wednesday	9/3-9/29	\$184/\$208
Tuesday & Thursday	9/2-9/25	\$184/\$208
Saturday	9/6-9/27	\$92/\$104

Level	M/W	T/TH	SAT
Parent/Child A/B (6mos-3 yrs)			10:00AM
Preschool 1 – Water Acclimation (3-5 yrs)	5:15PM	4:10PM ,4:45PM	10:00AM 10:35AM,1:30AM
Preschool 2 – Water Movement (3-5 yrs)	4:10PM ,4:45PM	4:45PM	11:10AM ,12:55PM
Preschool 3 – Water Stamina (3-5 yrs)			10:35AM, 11:45AM
Preschool 4 – Stroke Intro. (3-5 yrs)			
Youth 1 – Water Acclimation (5-12 yrs)	3:35PM	4:10PM, 5:15PM	10:00AM, 11:45AM, 12:55PM
Youth 2 – Water Movement (5-12 yrs)	3:35PM ,4:45PM	3:35PM	10:35AM, 11:10AM, 11:45AM, 12:20PM
Youth 3 – Water Stamina (5-12 yrs)	3:35PM, 5:15PM	3:35PM	10:00AM,11:45AM 12:55PM
Youth 4 – Stroke Introduction (5-12 yrs)	4:10PM	5:15PM	10:35AM, 12:55PM
Youth 5 – Stroke Development (5-12 yrs)	4:10PM	4:10PM	11:10AM, 12:20PM, 1:30PM
Youth 6 – Stroke Mechanics (5-12 yrs)	4:45PM	3:35PM, 4:45	10:00AM, 12:20PM
Adult Swim Techniques			BEG. 9:00AM INT. 9:30AM

Swim Level Selection:	
Can the student respond to verbal cues and jump on land?	Not yet? Stage A
Is the student comfortable with an instructor without a parent in the water?	Not yet? Stage B
Will the student go underwater voluntarily?	Not yet? Youth 1
Can the student do a front and back float on their own?	Not yet? Youth 2
Can the student swim 10-15 yards on their front and back?	Not yet? Youth 3
Can the student swim 15 yards of front and back crawl?	Not yet? Youth 4
Can the student swim front crawl, back crawl, and breaststroke across the pool?	Not yet? Youth 5
Can the student swim front and back crawl, breaststroke across the pool and back?	Not yet? Youth 6

Register at [www.weymca.org](http://www.weymca.org)

Questions? Call 909-597-7445 or email [crystal@weymca.org](mailto:crystal@weymca.org)