



CHINO VALLEY YMCA POOL SCHEDULE

Effective June 2026

LAP SWIM

Lane availability is subject to change at any time.

MON	TUES	WED	THUR	FRI	SAT	SUN
5:30a-8:45a (5 Lanes)	5:30a-8:45a (5 Lanes)	5:30a-8:45a (5 Lanes)	5:30a-8:45a (5 Lanes)	5:30a-8:45a (5 Lanes)	7:00a-8:45a (5 Lanes)	8:00a-1:45p (2 Lanes)
10:00a-3:00p (3 Lanes)	10:00a-3:00p (4 Lanes)	10:00a-3:00p (4 Lanes)	10:00a-3:00p (4 Lanes)	10:00a-3:00p (4 Lanes)	2:15p-3:45p Lap Swim (3 Lanes)	
3:30p-6:00p (3 Lanes)	3:30p-5:00p (3 Lanes)	3:30p-6:00p (3 Lanes)	3:30p-5:00p (3 Lanes)	3:30p-8:00p (2 Lanes)		
8:00p-8:45p (4 Lanes)	8:00p-8:45p (4 Lanes)	8:00p-8:45p (4 Lanes)	8:00p-8:45p (4 Lanes)	8:00p-8:45p (4 Lanes)		

WATER FITNESS CLASSES

MON	TUES	WED	THUR	FRI	SAT	SUN
9:00a-9:45a Aqua Fit (ALL Lanes)	9:00a-9:45a Aqua Fit (ALL Lanes)	9:00a-9:45a Aqua Fit (ALL Lanes)	9:00a-9:45a Aqua Fit (ALL Lanes)	9:00a-9:45a Aqua Fit (ALL Lanes)	9:00a-9:45a Aqua Fit (ALL Lanes)	

5:00p-5:45p
H2O Splash!
(4 Lanes)
NEW!

WATER WALKING

MON	TUES	WED	THUR	FRI	SAT	SUN
6:00a-8:45a (1 Lane)	6:00a-8:45a (1 Lane)	6:00a-8:45a (1 Lane)	6:00a-8:45a (1 Lane)	6:00a-8:45a (1 Lane)	7:00a-8:45a (1 Lane)	
12:00p-3:00p (1 Lane)	12:00p-3:00p (1 Lane)	12:00p-3:00p (1 Lane)	12:00p-3:00p (1 Lane)	12:00p-3:00p (1 Lane)		

GROUP SWIM LESSON/PRIVATE SWIM LESSONS/SWIM TEAM/WATER POLO

MON	TUES	WED	THUR	FRI	SAT	SUN
10:00a-1:00p Swim Lessons (2 Lanes)	10:00a-1:00p Swim Lessons (2 Lanes)	10:00a-1:00p Swim Lessons (2 Lanes)	10:00a-1:00p Swim Lessons (2 Lanes)	10:00a-1:00p Swim Lessons (2 Lanes)	10:00a-1:30p Swim Lessons (6 Lanes)	10:00a-1:30p Swim Lessons (2 Lanes)
2:30p-6:00p Swim Lessons (3 Lanes)	2:30p-6:00p Swim Lessons (3 Lanes)	2:30p-6:00p Swim Lessons (3 Lanes)	2:30p-6:00p Swim Lessons (3 Lanes)	4:00p-5:00p Water Polo (3 Lanes)		
6:00p-8:00p Swim Team (4 Lanes)	6:00p-8:00p Swim Team (4 Lanes)	6:00p-8:00p Swim Team (4 Lanes)	6:00p-8:00p Swim Team (4 Lanes)			

FAMILY OPEN SWIM / SUMMER CAMP

MON	TUES	WED	THUR	FRI	SAT	SUN
12:00p-3:00p Family Open Swim Summer Camp (3 Lanes)	12:00p-3:00p Family Open Swim (3 Lanes)	12:00p-3:00p Family Open Swim Summer Camp (3 Lanes)	12:00p-3:00p Family Open Swim (3 Lanes)	12:00p-3:00p Family Open Swim Summer Camp (3 Lanes)	1:30p-3:45p Family Open Swim (3 Lanes)	8:00a-1:45p Family Open Swim (3 Lanes)