

JULY 2026

Registration Opens: 6/1



**NO SWIM
LESSONS
ON 7/4**

**PRIVATE SWIM LESSONS
PER 30 MIN LESSON**

Members: \$52
Non-Members: \$67

SCAN ME!



PRIVATE SWIM LESSONS

**FIND YOUR SWIM SKILLS.
FIND YOUR Y.**

**SEMI-PRIVATE LESSONS
PER 30 MIN LESSON**

Members: \$10*

*Per each swimmer, an additional \$10
will be added to each
semi-private lesson date you select.

SWIM INSTRUCTORS:

EMMA



TUESDAYS: 4:00 PM–6:00 PM
WEDNESDAYS: 4:00 PM–6:00 PM
THURSDAYS: 4:00 PM–6:00 PM

JOSSIE



FRIDAYS: 3:00 PM–5:00 PM
SATURDAYS: 10:00 AM–12:00 PM

THOMAS



MONDAYS: 12:00 PM–2:00 PM
TUESDAYS: 12:00 PM–2:00 PM
WEDNESDAYS: 12:00 PM–2:00 PM
THURSDAYS: 12:00 PM–2:00 PM

SKYLER



MONDAYS: 8:00 AM–11:00 AM
TUESDAYS: 8:00 AM–11:00 AM
WEDNESDAYS: 8:00 AM–11:00 AM

DARBY



TUESDAYS: 9:00 PM–11:00 AM
THURSDAYS: 9:00 PM–11:00 AM
SATURDAYS: 1:00 PM–3:30 AM

TRINITY



MONDAYS: 11:00 AM–2:00 PM
TUESDAYS: 11:00 AM–2:00 PM
WEDNESDAYS: 11:00 AM–2:00 PM
THURSDAYS: 11:00 AM–2:00 PM

**1 WATER
ACCLIMATION**

**2 WATER
MOVEMENT**

**3 WATER
STAMINA**

**4 STROKE
INTRODUCTION**

**5 STROKE
DEVELOPMENT**

**6 STROKE
MECHANICS**