CHINO VALLEY YMCA POOL SCHEDULE

LAP SWIM

Lane availability is subject to change at any time.

MON	TUES	WED	THUR	FRI	SAT	SUN
5:30a-8:45a (5 Lanes) **10:00a-5:45p** (6 Lanes) **8:00p-8:45p** (4 Lanes)	**5:30a-8:45a** (5 Lanes) **10:00a-5:00p** (6 Lanes) **8:00p-8:45p** (4 Lanes)	**5:30a-8:45a** (5 Lanes) **10:00a-5:45p** (6 Lanes) **8:00p-8:45p** (4 Lanes)	**5:30a-8:45a** (5 Lanes) **10:00a-5:00p** (6 Lanes) **8:00p-8:45p** (4 Lanes)	**5:30a-8:45a** (5 Lanes) **10:00a-4:45p** (6Lanes) **6:00p-8:45pm** (3 Lanes)	**7:00a-8:45a** (5 Lanes) **2:15p-3:45p** (3 Lanes)	**8:00a-1:45p** (3 Lanes)

WATER FITNESS CLASSES

MON	TUES	WED	THUR	FRI	SAT	SUN
9:00a-9:45a Aqua Fit (ALL Lanes)	**9:00a-9:45a** Aqua Fit (ALL Lanes)	**9:00a-9:45a** Aqua Fit (ALL Lanes)	**9:00a-9:45a** Aqua Fit (ALL Lanes)	**9:00a-9:45a** Aqua Fit (ALL Lanes) **5:00p-5:45p** H20 Splash! All Lanes	**9:00a-9:45a** Aqua Fit (ALL Lanes)	

WATER WALKING

MON	TUES	WED	THUR	FRI	SAT	SUN
6:00a-8:45a (1 Lane) **12:00p-3:00p** (1 Lane)	**6:00a-8:45a** (1 Lane) **12:00p-3:00p** (1 Lane)	**6:00a-8:45a** (1 Lane) **12:00p-3:00p** (1 Lane)	**6:00a-8:45a** (1 Lane) **12:00p-3:00p** (1 Lane)	**6:00a-8:45a** (1 Lane) **12:00p-3:00p** (1 Lane)	**7:00a-8:45a** (1 Lane)	

SWIM LESSONS/SWIM TEAM/WATER POLO

MON	TUES	WED	THUR	FRI	SAT	SUN
3:30p-6:30p Swim Lessons (2 Lanes) **6:00p-8:00p** Swim Team (ALL Lanes)	**4:00p-6:30p** Swim Lessons (2 Lanes) **5:15p-8:00p** Pre Comp Swim Team (ALL Lanes)	**4:00p-6:30p** Swim Lessons (2 Lanes) **6:00p-8:00p** Swim Team (ALL Lanes)	**4:00p-6:30p** Swim Lessons (2 Lanes) **5:15p-8:00p** Pre Comp Swim Team (ALL Lanes)	**4:00p-5:00p** Water Polo (2 Lanes) **6:00p-8:00p** Swim Team (3 Lanes)	**10:00a-1:30p** Swim Lessons (ALL Lanes)	**10:00a-1:30p** Swim Lessons (1 Lane)

FAMILY OPEN SWIM

MON	TUES	WED	THUR	FRI	SAT	SUN
12:00p-3:00p Family Open Swim (2 Lanes) **8:00p-8:45p** Family Open Swim (2 Lanes)	**12:00p-3:00p** Family Open Swim (2 Lanes) **8:00p-8:45p** Family Open Swim (2 Lanes)	**12:00p-3:00p** Family Open Swim (2 Lanes) **8:00p-8:45p** Family Open Swim (2 Lanes)	**12:00p-3:00p** Family Open Swim (2 Lanes) **8:00p-8:45p** Family Open Swim (3 Lanes)	**12:00p-3:00p** Family Open Swim (2 Lanes) **8:00p-8:45p** Family Open Swim (3 Lanes)	**1:30p-3:45p** Family Open Swim (2 Lanes)	**8:00a-1:45p** Family Open Swim (2 Lanes)

Revised: 8.31.26