SCHEU FAMILY YMCA OF UPLAND

NOVEMBER 2026

POOL SCHEDULE



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lap/Open Swim 7:30am-3:30pm Swim Lessons 10:10am-1:00pm *Lap/Open swim is limited	Lap/Open Swim 6:00-9:00am	Lap/Open Swim 6:00-9:00am	Lap/Open Swim 6:00-9:00am	Lap/Open Swim 6:00-9:00am	Lap/Open Swim 6:00-9:00am	Lap/Open Swim 7:30am-3:30pm Swim Lessons 10:10am-1:00pm *Lap/Open swim is limited
	Aquafit 9:00-9:50am	Aquafit 9:00-9:50am	Aquafit 9:00-9:50am	Aquafit 9:00-9:50am	Aquafit 9:00-9:50am	
	Lap/Open Swim 10:00-6:00pm	Lap/Open Swim 10:00-6:00pm	Lap/Open Swim 10:00-6:00pm	Lap/Open Swim 10:00-6:00pm	Lap/Open Swim 10:00-6:00pm	
	Swim Lessons 3:10-6:00pm	Swim Lessons 3:10-6:00pm	Swim Lessons 3:10-6:00pm	Swim Lessons 3:10-6:00pm	Swim Lessons 3:10-6:00pm	
	Swim Team 6:00-8:00pm	Swim Team 6:00-8:00pm	Swim Team 6:00-8:00pm	Swim Team 6:00-8:00pm	Swim Team 6:00-8:00pm	
	Lap/Open Swim 6:00-8:30pm	Lap/Open Swim 6:00-8:30pm	Lap/Open Swim 6:00-8:30pm	Lap/Open Swim 6:00-8:30pm	Lap/Open Swim 6:00-8:30pm	

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY