



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

OCTOBER 2026

POOL SCHEDULE

Sunday

Lap/Open
Swim
7:30am-
3:30pm

Swim
Lessons
10:10am-
1:00pm
*Lap/Open
swim is
limited

Monday

Lap/Open Swim
6:00-9:00am

Aquafit
9:00-9:50am

Lap/Open Swim
10:00-6:00pm

Swim Lessons
3:10-6:00pm

Swim Team
6:00-8:00pm

Lap/Open Swim
6:00-8:30pm

Tuesday

Lap/Open Swim
6:00-9:00am

Aquafit
9:00-9:50am

Lap/Open Swim
10:00-6:00pm

Swim Lessons
3:10-6:00pm

Swim Team
6:00-8:00pm

Lap/Open Swim
6:00-8:30pm

Wednesday

Lap/Open Swim
6:00-9:00am

Aquafit
9:00-9:50am

Lap/Open Swim
10:00-6:00pm

Swim Lessons
3:10-6:00pm

Swim Team
6:00-8:00pm

Lap/Open Swim
6:00-8:30pm

Thursday

Lap/Open Swim
6:00-9:00am

Aquafit
9:00-9:50am

Lap/Open Swim
10:00-6:00pm

Swim Lessons
3:10-6:00pm

Swim Team
6:00-8:00pm

Lap/Open Swim
6:00-8:30pm

Friday

Lap/Open Swim
6:00-9:00am

Aquafit
9:00-9:50am

Lap/Open Swim
10:00-6:00pm

Swim Lessons
3:10-6:00pm

Swim Team
6:00-8:00pm

Lap/Open Swim
6:00-8:30pm

Saturday

Lap/Open
Swim
7:30am-
3:30pm

Swim
Lessons
10:10am-
1:00pm
*Lap/Open
swim is
limited